

October 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	Children's Environmental Health Month		1 Participate in Water Monitoring Day Kids: Use a test kit to check water in your area	2 Replace Mercury Fever Thermometers	3 Promote Food Safety	4 Provide Children Safe Drinking Water ADEQ Water Education event	5 Protect Children from Contaminated Fish ADEQ Water Monitoring event
6 Remove Hazardous Waste from Your Home	7 <u>Child Health Day</u> Lets Move!	8 Reduce Air Pollution Kids: Check Air Quality Flag Today	9 Participate in National Walk To School Day ADEQ Education Event	10 Grow your own Food! Help Kids Eat Healthier Food	11 Protect Children from Chemicals in Schools	12 Protect Children from Carbon Monoxide Poisoning ADEQ at White Mountain Science Festival	
13 Test Your Home for Radon Check for Asbestos	14 Protect Children from Too Much Sun Be SunWise at School!	15 Reduce Mercury Products in the Home and at School	16 Protect Children from Mold	17 Prevent Mercury Exposure and Clean Mercury Spills Safely at Schools	18 Protect Children at Arizona Lakes ADEQ water quality outreach event	19 Reduce Use of Pesticides at Home	
20 Reduce Indoor Asthma Triggers	21 <u>National School Bus Safety Week</u> Reduce Children's Exposure to Diesel fumes	22 Protect Children from Secondhand Smoke	23 "Protect Children from Lead Poisoning Ask About Lead when Renting or Buying	24 Reduce Risks from Lead in Drinking Water	25 Improve Indoor Air Quality in Schools	26 Prevent Asthma Attacks ADEQ booth for School nurses	
27 Reduce Your use of Plastic Bags and Bottles	28 Keep our Air B reathable	29 Help Children Avoid "Nature Deficit Disorder"	30 Lock it up! - Store pesticides and Chemicals in a locked cabinet	31 Watch Your Waste Kids Go Green!			