Children's Health MONTH

October is Children's Health Month

CLICK ON THE LINKS BELOW FOR MORE DETAILS

1 Participate in Water Monitoring Day
Kids: Use a test kit to check water in your area.

2 Healthy Schools and Childcare Facilities
Get your school recognized by ADEQ.

3 Promote Food Safety

4 Provide Children Safe Drinking Water

5 Protect Children from Contaminated Fish

6 Remove Hazardous Waste from Your Home

7 Child Health Day
Learn what you can do to protect kids from environmental health risks.

8 Raise Your Air IQ & Reduce Air Pollution!
Kids: Check the air quality flag today.

9 Participate in National Walk to School Day

10 Grow your own Food
Help your kids eat healthier food.

11 Protect Children from Chemicals in Schools
ADEQ attends school bus conference to promote no idling zones.

12 Protect Children from Carbon Monoxide Poisoning

13 Test Your Home for Harmful Substances Like Radon and Asbestos

14 Protect Children from Too Much Sun
Be "SunWise" at school!

15 Reduce Mercury Products in the Home and at School
ADEQ attends Tempe High Flag Program launch event.

16 Protect Children from Mold

17 Prevent Mercury Exposure
Clean mercury spills safely at schools.

18 Protect Children at Arizona Lakes

19 Reduce Use of Pesticides at Home

20 Reduce Indoor Asthma Triggers

21 National School Bus Safety Week
Reduce children's exposure to diesel fumes.

22 Protect Children from Secondhand Smoke

23 Celebrate National Lead Poisoning Prevention Week

24 Reduce Risks from Lead

25 Improve Indoor Air Quality in Schools
ADEQ staff assists at Window Rock E-waste event.

26 Prevent Asthma Attacks

27 Reduce Your Use of Plastic Bags and Bottles
ADEQ Celebrates Tempe High Chip Bag Recycling Project

28 Keep Our Air Breathable
Join ADEQ's Air Quality Flag Program. ADEQ attends Educators Night and holds a presentation on water quality at Alchesay High School in Whiteriver.

29 Help Children Avoid "Nature Deficit Disorder"

30 Lock it up!
Store pesticides and chemicals in a locked cabinet.

31 Watch Your Waste!
Kids Go Green!

ADEQ
Arizona Department of Environmental Quality

Office of Children's Environmental Health